

mini movers

EXAMPLE CLASS PLAN A

Wake Up Your Muscles
Shake your sillies
Head shoulders knees and toes
Stand up, Sit down
Skip to my Lou
Grand old Duke of York
Dingle Dangle Scarecrow
Row Row Row Your Boat
Sleeping Bunnies
Get Ready Get Set Go
I Can Sing a Rainbow
Wind the bobbin Up
Incy Wincy Spider
Zoom Zoom Zoom
Baby Shark
Goodbye Song

Tip: Remember you can incorporate some of your own dances and music into these sessions. Just make sure that most of your selections come from the Mini Movers Dance library, which provides a great variety of age-appropriate and engaging options. By adding your unique touch, you can create a personalised experience while still staying within the our guidelines.