

mini movers

EXAMPLE CLASS PLAN - EASTER/SPRING THEME

Wake Up Your Muscles
Shake Your Sillies
Jump Out of bed
Head Shoulders Knees and Toes
Peter Rabbit
Skip to my Lou
Dingle Dangle Scarecrow
Sleeping bunnies
5 Little Ducks
Peter Rabbit
The Rainbow Song
5 Little Speckle Frogs
Teddy Bears Picnic
Twinkle Twinkle
Goodbye Song

Tip: When introducing EASTER dances, it's effective to spread the process over 3-4 weeks. Start with just one or two new dances and gradually build up by adding a few more. This paced approach helps the children learn and enjoy each dance without feeling overwhelmed.

