

# mini movers

## EXAMPLE CLASS PLAN - ADVENTURE THEME

Wake Up Your Muscles

Stand Up Sit Down

Shake my Sillies

Row Row Row Your Boat

Grand Old Duke of York

Dingle Dangle Scarecrow

Jump Out of Bed

There was a Princess

The Big Ship Sails

This Way That Way

A Whole New World

Wheels on the Bus

Down In The Jungle

The Floor is Lava

Zoom Zoom Zoom

Hokey Cokey

Good Bye Song



Tip: When using an ADVENTURE theme in Mini Movers Dance classes, this is a great opportunity to include lots of story-telling in your session. Develop a simple story or theme that relates to an adventure, such as exploring a jungle, going on a treasure hunt, or visiting an enchanted castle. The props could represent elements in the story too. Allow children to contribute to the story by suggesting ideas or movements. This fosters creativity and makes them feel more involved in the adventure.