

mini movers

DANCES WITH PROPS ROUTINE SUMMARIES

A WHOLE NEW WORLD (WITH SCARVES)

A seated dance performed on a scarf in a circle, this dance utilises scarves as props. Best placed towards the end of the session, it offers a calming transition after more mobile activities.

CRICKET THEME (WITH HULA HOOPS)

A freestyle dance performed standing in an open space, incorporating hula hoops to enhance the experience. Positioned towards the class's conclusion, it encourages creative movement.

DINGLE DANCLE SCARECROW (WITH HATS)

Performed both on the floor and standing, this stationary dance uses bowler hats. It's an excellent follow-up to "Grand Old Duke of York," reinforcing thematic continuity.

POLLY HAD A DOLLY (WITH TEDDY BEAR OR DOLLY)

Performed standing, this dance can be enhanced with a teddy bear or dolly prop, offering a nurturing element to the routine. It can be adapted to circle or mirror-facing formations, providing flexibility in presentation.

PRINCESS LONG AGO (WITH WANDS)

Performed standing in a circle and moving in an anti-clockwise direction, this dance includes the use of wands. It's a magical choice that flows well after "Twinkle Twinkle," adding an element of enchantment to the class.

I CAN SING A RAINBOW (WITH RIBBONS)

This dance can be performed either seated or standing, utilising ribbons. It caters to all ages, with younger children remaining seated and older ones standing for more free movement. Ideally placed in the middle of the class, it transitions well from more mobile dances and can be adapted to various points within the session.

mini movers

DANCES WITH PROPS ROUTINE SUMMARIES

ROCK-A-BYE YOUR BEAR

Performed standing in a circle without props, this dance flows well into other teddy bear-themed activities, offering a gentle and nurturing start to these segments.

SLEEPING BUNNIES (WITH FEATHER DUSTER)

This dance includes moments both on the floor and standing, using a feather duster as a prop. It's an engaging activity that follows "Row Row Row Your Boat," encouraging playful interaction and movement.

STRIKE UP THE BAND (WITH MUSICAL INSTRUMENTS)

Performed seated with a choice of musical instrument, this dance encourages freestyle/creative movement. It's a natural follow-up to "Music Man" or "Rhythm of the Music," adding a dynamic musical element to the session.

TEDDY BEARS PICNIC (WITH TEDDY BEARS)

Moving in an anti-clockwise direction, parts of this dance can be done seated on the floor, encouraging imaginative play with a teddy bear prop. It transitions well into "Teddy Bears' March," creating a thematic bear-themed segment.

TEDDY BEARS MARCH (WITH TEDDY BEARS)

Also moving anti-clockwise around the room, this dance utilises a teddy bear prop and pairs perfectly with "Teddy Bears' Picnic," enhancing the bear theme.

THE BIG SHIP SAILS (WITH PIRATE HATS)

Performed standing in a circle, this dance introduces pirate hats as props, making it a fantastic follow-up to "There Was a Princess Long Ago." It adds a sense of adventure and exploration to the class.

mini movers

DANCES WITH PROPS ROUTINE SUMMARIES

THE GRAND OLD DUKE OF YORK (WITH HATS)

A Mini Movers Dance favourite! Moving anti-clockwise in a circle, this dance requires bowler hats and smoothly transitions into "Dingle Dangle Scarecrow," providing a fun and structured activity.

THIS WAY THAT WAY (WITH PIRATE HATS)

Standing in a circle with pirate hats, this dance is best placed after "The Big Ship Sails," continuing the adventurous, nautical theme with lively movement and imagination.

TWINKLE TWINKLE (WITH STAR WANDS OR BUBBLES)

Seated in a circle, this dance can use star wands, bubbles, or simply hands, flowing well into "There Was a Princess".

WHEELS ON THE BUS (WITH TEDDY BEARS)

Performed seated, ideally in a circle or in front of a mirror, this dance can incorporate teddy bears for added interaction. It works well following "Teddy Bears' March" or "Teddy Bears' Picnic," integrating well with the bear theme.

ZOOM ZOOM ZOOM

Done seated in a circle, this dance uses large stretchy material and is performed acapella. The addition of coloured balls after the song introduces a visual and tactile element, making it a captivating activity towards the class's end.